



Safety in Schools Week June 8th to 12th 2009

AGENCY ACTIVITY

Agency

Headwest - Brain Injury Association of WA Inc.

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(Brain Injury Association of WA Inc.)

Activity Title **Be Smart – Be Careful**

Activity Outcomes

| Learning Area | Link to K-10 Syllabus | Outcome |
|-------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Health and Physical Education | <p><u>Early Childhood (K-3)</u></p> <p>Context: SAFETY Topic: Safety at home/school/ community</p> | <p>Knowledge and Understanding</p> <ul style="list-style-type: none"> • The meaning and dimensions of health • Ways to keep healthier and safer |
| | <p>Context: SAFETY Topic: Safety/ Personal safety Keeping safe/ Staying safe</p> | <p>Interpersonal Skills</p> <ul style="list-style-type: none"> • Communicating • Co-operating and collaborating in groups |
| | <p><u>Middle Childhood (4-7)</u></p> <p>Context: SAFETY Topic: Safety at home/school/ community</p> | <p>Self-management Skills</p> <ul style="list-style-type: none"> • Understanding emotions • Reviewing the situation |
| | <p>Context: SAFETY Topic: Responding safely/ Personal safety – making good choices/ Risky situations/ Minimising risks</p> | |
| | <p>Context: SAFETY Topic: Safety in the community</p> | |

Phases of Development

Early Childhood (K-3)
 Middle Childhood (4-7)

Resources Required

- Cardboard & butcher's paper or A3 paper
- Texta's, coloured pencils, crayons, glue, glitter, ribbon etc.
- Loose cords, set of drawers / bookcase, kettle with cord hanging, unstable chair etc
- Background information on head injuries - Available from Headwest
- Sample Head Injury Prevention Posters - Available from Headwest
- Sample Bookmark and Poster Slogan Designs - Available from Headwest

Approx Time Required

30 minutes

Procedure

- Teachers to show background information on head injuries and talk about safety issues
- Information provided will allow students to:
 - Gain knowledge and understanding of the importance of personal safety and protective headgear and the importance of working together
 - Recognise & value safe environments & learn to speak out to others to assist them
 - Make informed decisions & choose courses of action that avoid risk & reduce harm
- Show the furniture and cords etc. Demonstrate what could happen in various situations. Brainstorm re: what would get hurt if they fall off this way, or if they overbalance near a pool or if they anchor themselves this way or that.
- Students brainstorm – what other activities can result in Head Injuries if not performed carefully?
- Teachers to provide background information on Head Injuries to students to assist with the brainstorming.
- Ask students to brainstorm catchy slogans that can be shared to promote the prevention of head injuries (examples are shown at the bottom of the page).
- Students then design catchy bookmarks and posters displaying their slogans to promote safety and the prevention of Head Injuries.
- Students can then share their bookmarks/posters/slogans with others at the school.

Community Links

How could the school involve the local community in Safety in Schools Week?

- Put posters and bookmarks on display at the school, local libraries and ask local shopping centre to allow the school to have a display

How could the school involve parents and seniors in Safety in School Week?

- Organise speakers from your local community who have had a head injury through playing at home or at sport or have speaker from Headwest address P&C or P&F Association

Policy and Procedures

Are you aware of the School's written Health and Safety Policy? If not: -

- Check with administration
- Refer to the Department of Education and Training's Risk Management Policy and Occupational Safety and Health Policy

Do you have safety structures and procedures in place?

- Does the school have a first aid person? (Structure)
- Is there a plan of how to access the first aid person? (Procedure)

Other Resources Available

- Available from Headwest:
- Colouring in posters
 - Headwest posters