



Safety in Schools Week June 8th to 12th 2009

AGENCY ACTIVITY

Agency

Injury Control Council of Western Australia

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Activity Title Preventing Eye Injuries

Activity Outcomes

Learning Area	Link to K-10 Syllabus	Outcome
Health and Physical Education	<p><u>Middle Childhood (4-7)</u></p> <p>Context: SAFETY</p> <p>Topic: Safety at home/school/community</p> <ul style="list-style-type: none"> Preventing eye injuries 	<p>Knowledge and Understanding</p> <ul style="list-style-type: none"> The meaning and dimensions of health Ways to keep healthier and safer Learning physical activities <p>Self-management Skills</p> <ul style="list-style-type: none"> Reviewing the situation Planning before deciding Deciding and acting <p>Interpersonal Skills</p> <ul style="list-style-type: none"> Communicating Co-operating and collaborating in groups

Phases of Development

Middle Childhood (4-7)

Resources Required

Butchers Paper
Poster paper
Coloured textas, crayons etc for poster

Approx. Time Required

1 hour

Procedure

1. **The Eye**
 - As a class, discuss our eyes and what we use them for. This could include discussions about what it would mean if we couldn't see. I.e. How would we get around, not being able to see colour or faces etc.
 - A diagram of an eye could also be used to explain the structure of an eye.
2. **CAUSES of eye injuries**
 - Form groups of 4-5 people
 - Each group is assigned an environment to study
 - Around the house
 - In the Playground
 - Playing Sport
 - Students work in their groups to brainstorm all the possible causes of eye injuries identifiable in those environments (i.e. Around the house - chemicals, toys etc. In the playground - sticks, things that are thrown, etc. Playing sport - cricket ball, other players, etc.
3. **RESULTS of eye injuries**
 - As a class group – students brainstorm onto the board all the possible results of eye injuries. Think of consequences to family, costs, can sight be regained, effect on activities if sight is lost.
4. **PREVENTION of eye injuries**
 - In their groups – students brainstorm prevention strategies for eye injuries for their particular environment
 - Students develop a slogan and poster with 'Rules for Eye Injury Prevention'.
5. **PRESENTATION to the class**
 - One member of each group presents their poster and 'Rules' to the rest of the class. Students can present their poster and rules at a whole school assembly.

Community Links

How could the school involve the local community in Safety in Schools Week?

A representative from a local sporting group could present to the class on precautions they take to ensure players are protected from eye injuries while playing sport.

A local optometrist or Doctor could come in to discuss the consequences of eye injuries and how to prevent them.

How could the school involve parents and seniors in Safety in School Week?

Parents could be asked if they would like to present information to the class on how they prevent eye injuries in their workplace.

Parents with a medical background could be asked to present information to the class on how they treat eye injuries and what the possible outcomes of an eye injury could be.

Policy and Procedures

Are you aware of the School's written Health and Safety Policy? If not: -

- Check with administration
- Refer to the Department of Education and Training's Risk Management Policy and Occupational Safety and Health Policy

Do you have safety structures and procedures in place?

- Does the school have a first aid person? (Structure)
- Is there a plan of how to access the first aid person? (Procedure)
- Does the school have policies in place to prevent eye injuries (such as a code of behaviour that covers things such as rules against throwing things in class, or policies on protective equipment that must be worn during certain activities). (Procedure)

Other Resources Available

Background information on eye injuries available from the Injury Control Council of WA. Information from the Lion's Eye Institute <http://www.lei.org.au/go/community-service/schools-and-community-education-program/eye-health-fact-sheets>