



Safety in Schools Week June 8th to 12th 2009

AGENCY ACTIVITY

Agency

Royal Life Saving Society WA

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Activity Title Safety in an Aquatic Environment

Activity Outcomes

Learning Area	Link to K-10 Syllabus	Outcome
Health and Physical Education	<p><u>Middle Childhood (4-7)</u></p> <p>Context: SAFETY Topics: Responding Safely, Safety in the community, Minimising risk</p>	<p>Knowledge and Understanding</p> <ul style="list-style-type: none"> • Ways to keep healthier and safer <p>Interpersonal Skills</p> <ul style="list-style-type: none"> • Communicating • Co-operating and collaborating in groups <p>Self-management Skills</p> <ul style="list-style-type: none"> • Understanding emotions • Reviewing the situation
Society and Environment	<p><u>Middle Childhood (4-7)</u></p> <p>Context: PLACE AND SPACE Topic: Features of places</p>	<p>Planning Conducting Processing and Translating Applying and Communicating Findings</p>

Phases of Development

Middle Childhood (4-7)

The above outcomes are for Middle Childhood, however can be adapted to suit the needs of all students Years 1-10.

Resources Required

- "Water Safety Scenarios" – available from Royal Life Saving Society WA
- "Water Safety Talk Sheet" – available from Royal Life Saving Society WA
- "Water Safety Signs" - available from Royal Life Saving Society WA
- Lifejackets – available from Royal Life Saving Society if otherwise unable to obtain
- Ropes – available from Royal Life Saving Society WA if otherwise unable to obtain

Approximate Time Required 45 Minutes

Procedure

Water Safety Talk

- Use the “Water Safety Talk Sheet” to discuss water safety with students.
- The “Water Safety Talk Sheet” covers water safety at:
 - Public Pools
 - Rivers and Lakes
 - Beaches
 - Boating
 - Around the home
- For each of the above locations, students will learn about the following:
 - In natural and social systems, relationships occur to provide order to the interactions found within them
 - Naturally occurring dangers in aquatic environments. How to recognise and how to minimise
 - Natural processes affect the natural and built features of places and these features have an influence on human activity
 - Planning for an aquatic activity. What safety considerations are necessary? What equipment should be utilised?
- At the conclusion of the Water Safety Talk, conduct the Water Safety Quiz that is provided on the “Water Safety Talk Sheet”.

Water Safety Scenarios

Use the “Water Safety Scenarios” and “Water Safety Signs” to have students demonstrate water safety in a variety of scenarios

Community Links

How could the school involve the local community, parents and seniors in Safety in Schools Week?

Schools can organise ‘Water Safety Talks’ to be attended by students, parents, teachers and any other interested members of the community. Water Safety Talks are conducted by lifesaving professionals and can be tailored to suit any year level, and cover topics from water safety and sun safety to rescue equipment and techniques.

Policy and Procedures

Are you aware of the School’s written Health and Safety Policy? If not: -

- Check with administration
- Refer to the Department of Education and Training’s Risk Management Policy and Occupational Safety and Health Policy

Do you have safety structures and procedures in place?

- Does the school have a first aid person? (Structure)
- Is there a plan of how to access the first aid person? (Procedure)
- Does the school have procedures for visiting aquatic environments?

Other Resources Available

In addition to offering Water Safety Talks to schools, Royal Life Saving WA can provide:

- Posters
- Activity Books
- Brochures
- Stickers
- Equipment (first aid kits etc)
- Advice on Drowning Prevention, Safety Services, etc.