



Safety in Schools Week May 17th to 21st 2004

Headwest Activity

Agency

Phone: (08) 9330 6370
 Fax: (08) 9317 2264
 Email: admin@headwest.asn.au
 Address: 645 Canning Hwy, Alfred Cove 6154
 Website: www.headwest.asn.au



(Brain Injury Association of WA)

Activity Title

BE CAREFUL-BE SMART Take Care of Your Head and Brain



Curriculum Framework Activity Outcomes

Learning Area	Learning Outcome	Specific Learning
Health and Physical Education	Knowledge and understanding	➤ Students gain knowledge and understanding of the importance of personal safety, injury prevention and protective headgear
	Attitudes and values	➤ Students recognise and value safe environments
	Self management Skills	➤ Students make informed decisions and choose courses of action that avoid risk and reduce harm

Phases of development

Can be adapted for both Early and Middle Childhood

Activity resources required

- Background Information on Head Injuries (Available for Headwest)
- Cardboard
- Texta's, coloured pencils, crayons, glue, glitter, ribbon – items to make bookmarks.
- Butchers Paper/A3 Paper
- Sample Head Injury Prevention Posters (Available from Headwest)
- Sample Bookmark and Poster Slogan Designs (Shown below)

Procedure

- Students Brainstorm – What activities can result in Head Injuries if not performed carefully?
- Teachers to provide background information on Head Injuries to students to assist with the Brainstorming
- Ask students to brainstorm catchy slogans that can be shared to promote the prevention of head injuries (Examples are shown on pictures displayed at the bottom of this page)
- Students then design catchy bookmarks and posters displaying their slogans to promote safety and the prevention of head injuries
- Students can then share their bookmarks/posters/slogans with younger students at the school.

Community Links

How could the school involve the local community in Safety in Schools Week?

- *Put posters and Bookmarks on display at school and local libraries.*

How could the school involve parents and seniors in Safety in School Week?

- *Organise speakers from your local community with personal experience of head injury and/or speaker from Headwest to address P&C or P&F Association*

Policy and Procedures

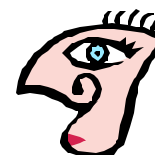
Are you aware of the schools written Health and Safety Policy?

If not:

- Check with administration
- Refer to the Education Departments' Risk Management Policy,
- Visit the Safety Rules OK! website for guidelines
www.safetyrules.health.wa.gov.au

Other resources available

Colouring In Posters
Background Head Injury Information Posters



BE CAREFUL
BE SMART



Take Care of Your Head & Brain

Remember to always look to the right,
look to the left and look to the right
again before crossing the road

IF I BREAK MY LEGS, I'll get some wheels to do my walking
IF I BREAK MY VOICE, I'll get my fingers to do the talking
IF I BREAK MY EYES, I'll buy a dog to guide my way
BUT WHAT WILL I DO IF I BREAK MY BRAIN?



Wear a helmet and
be careful