



Safety in Schools Week May 17th to 21st 2004

Kidsafe WA Activity

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Activity Title

Skate Safe

Curriculum Framework Activity Outcomes

Learning Area	Learning Outcome	Specific Learning
Health and Physical Education	Knowledge and Understanding	<ul style="list-style-type: none"> Students identify structural, behavioural and environmental hazards associated with using small-wheeled recreational devices.
	Self Management Skills	<ul style="list-style-type: none"> Students identify the importance of knowing the different hazards associated with riding small wheel recreation devices in order to ride safely.
	Attitudes and Values	<ul style="list-style-type: none"> Students build personal attitudes and values that enable them to make informed decisions when using small-wheeled recreational devices.

Phases of development

Middle childhood (years 5, 6 and 7)

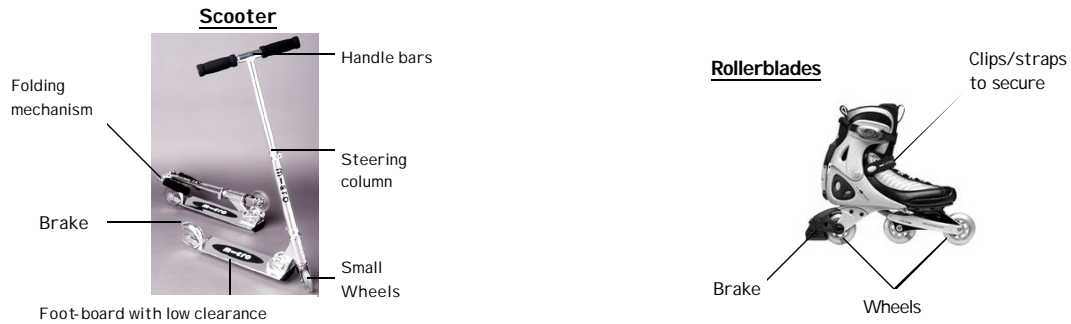
Activity resources required

- A couple of scooters
- A pair of in-line skates
- Pens and paper

child safety is no accident

Procedure

1. Get students to brainstorm any experiences they have had with in-line skates or scooters that have resulted in injuries. Ask them if they can also describe why the injury happened and how it could have been prevented.
2. Ask students to form small groups and think about the different hazards that are associated with using scooters and in-line skates. Bring students back together to allow discussion of the different hazards they have identified.
3. Using the in-line skates, label the different parts of the skates that can be hazards. Ensure to discuss why each of these parts may be a hazard and what injuries they may result in. Then in small groups get the students to label the different parts of the scooter and to list why they are a hazard. (Background reading for information on this can be found on the Kidsafe WA Scoot Safe Fact Sheet).



4. Reinforce that a combination of unsafe behaviour, surrounding environment and the way the scooters are built are what result in injuries. Ask students to identify the types of safety gear that could be worn to prevent injuries from scooter and roller blades.
 - Concern surrounds the combination of speed, poor breaking mechanism and the balance required, making it difficult for new riders to manage.
 - It is important to wear safety gear at all times (this should consist of a helmet, knee, elbow and wrist guards and bright coloured clothing).
 - In addition, you may like to enable students to access the following website for further safety tips: www.mysportsguru.com

Community Links

How could the school involve the local community in Safety in Schools Week?

- Students could draw or paint pictures relating to skating injury issues for display in the school or local library or shopping centre.
- Students could write an article on preventing skating injuries to be included in the community newspaper or the school newsletter.

How could the school involve parents and Seniors in Safety in Schools Week?

- Children could perform a skit at a school assembly highlighting the dangers of not wearing protective gear during skateboarding/roller skating/blading.

Policy and Procedures

Are you aware of the schools written Health and Safety Policy? If not:

- Check with administration
- Refer to the Department of Education Risk Management Policy,
- Visit the Safety Rules OK! website for guidelines
www.safetyrules.health.wa.gov.au

Do you have safety structures and procedures in place? For example:

- Does the school have a first aid person? and how to access the first aid person?
- Are students allowed to roller blade or skate to school? Do they have to wear protective gear?
- Are students allowed to bring roller-skates/blades or skateboards and scooters to school, where are they stored? Are these able to be accessed during lunch and recess?

Other resources available

Kidsafe WA provides a range of fact sheets on roller blades, roller-skates, skateboards and scooters. We also have a display kit on skate safety for hire.

Download resources from www.kidsafewa.com.au