



# Safety in Schools Week May 17th to 21st 2004

## Royal Life Saving Society Water Safety Activity



Contact person: Francene Hazell  
Organisation: Royal Life Saving Society (WA Branch)  
Phone: 9383 8200  
Fax: 9383 9922  
Email: [fhazell@rlsswa.com.au](mailto:fhazell@rlsswa.com.au)  
Address: PO Box 28 FLOREAT FORUM WA 6014  
Website: [www.lifesavingwa.com.au](http://www.lifesavingwa.com.au)



### Activity Title 'Water Safety Hypotheticals'

The following curriculum outcomes and activities are just one of the options for classroom based activities covered in the Royal Life Saving Society Wet'n'Wise kit. The resource provides curriculum outcomes, activity descriptions and activity resources for water awareness and water safety activities for students from Prep through to Year 10. The outcomes listed link to Level 4 of the Wet 'n' Wise Water Safety Curriculum.

#### Curriculum Framework Activity Outcomes

LEARNING AREA	LEARNING OUTCOMES	SPECIFIC LEARNING
Health & Physical Education	Concepts for a Healthy Lifestyle	Understands how factors influence personal health behaviours and how to appraise their own and others' health, safety and physical activity practices.
	Self-management Skills	Applies self-management skills, showing an awareness of beliefs and values, and predicts the risks and benefits for the achievement of health and physical activity goals.
	Interpersonal Skills	Demonstrates communication and cooperation skills that enhance interpersonal and group relationships.
Society and Environment	Natural and Social Systems	Understands that modifications to natural and social systems occur as their elements adapt to changes in the environment.

**Phases of development** Upper Primary (Years 5-7)

## Activity resources required

- The Wet'n'Wise Resource kit – available free from RLSSWA (Most schools should already have a copy of this resource in their library. If not, the resource is free of charge, however a \$5.50 postage fee applies)
- Butchers paper for four groups
- Coloured textas
- Key Safety Tips for Swimming Pools/Aquatic Centres, Beach, Inland Waters and Boating. All are available in the Teachers Notes of Level 4 of the Wet'n'Wise resource.
- Scenario & Questions sheets for each aquatic environment. Available from RLSSWA. Email: fhazell@rlsswa.com.au



## Procedure

- Divide the class into 4 groups
- Allocate each group an aquatic environment (River, Beach, boating, Public Swimming Pools)
- Hand each group 4 pieces of butchers paper and some marker pens, the key safety tips and the Scenario & Question sheets for their aquatic environment
- Ask each group to discuss the emergency situation and come up with a plan for surviving the emergency
- Once they have planned their emergency survival, each group needs to draw pictures on the butchers paper to show the steps they would take to survive the emergency



## Community Links

- Get the local community involved by doing a Water Safety poster display at your local aquatic centre/ shopping centre.
- Get parents and seniors involved by organising a Heart Beat Club – Resuscitation and Water Safety session at the school.

## Policy and Procedures

### **Are you aware of the schools written Health and Safety Policy? If not:**

- Check with administration
- Refer to the Department of Education Risk Management Policy,
- Visit the Safety Rules OK! website for guidelines [www.safetyrules.health.wa.gov.au](http://www.safetyrules.health.wa.gov.au)

### **Do you have safety structures and procedures in place?**

- Does your school follow the water based excursion policy guidelines as outlined by RLSSWA and the Education Department?
- Does your school have an emergency action plan for aquatic-based excursions?

## Other resources available

The Wet 'n' Wise resource kit is available from The Royal Life Saving Society – WA Branch. The kit is free of charge to all schools, however if mailing is required there is a \$5.50 postage fee.

The Royal Life Saving Society – WA Branch has an extensive range of Swimming and Water Safety resources that may supplement the Wet 'n' Wise resource or assist in other swimming and water safety activities. Please contact RLSSWA on 9383 8200, or go to our website [www.lifesavingwa.com.au](http://www.lifesavingwa.com.au) for further information.