



Safety in Schools Week May 17th to 21st 2004

St John Ambulance (WA) Activity

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Activity Title **SEVERE EXTERNAL BLEEDING
SAFETY TIPS**

Curriculum Framework Activity Outcomes

Learning Area	Learning Outcome	Specific Learning
Health and Physical Education	<ul style="list-style-type: none"> ○ Knowledge and Understanding ○ Attitudes and values ○ Self-management skills 	<ul style="list-style-type: none"> ○ First Aid Injury and Prevention. ○ Recognising and valuing safe playing environments. ○ Exhibit safe practice in all activities. ○ Make and communicate decisions relating to injury management.
Society and Environment	<ul style="list-style-type: none"> ○ Investigation, Communication and Participation 	<ul style="list-style-type: none"> ○ Students investigate possible hazards in their school.
Technology and Enterprise	<ul style="list-style-type: none"> ○ Enterprise 	<ul style="list-style-type: none"> ○ Apply creativity and boldness ○ Accept personal responsibility

Phases of development Middle childhood

Activity resources required Bleeding information sheet from St John Ambulance
 Sticky labels, Red Texta/ crayons/ pencils OR strips of red material
 Scrap material (rags)
 Bandages or strips of material

Procedure

1. Discussion about potential hazards in the school and home that may cause bleeding.
2. Teacher to read and demonstrate how to control a person who is bleeding (please ring St John to get information sent or faxed to you).

Practical to begin.

1. Teacher to divide class into two (2) equal groups being group A and group B.
2. Group A to leave the room for 1 minute while group B places coloured sticky labels on arm or leg to represent bleeding. (The strips of red material may be used instead)
3. Group B to find position on floor. Teacher gets group A to return to class room and find one (1) person and help stop them bleeding.
4. Once group A finished helping their person, the teacher to check and see if correct.
5. Groups now swap roles so everyone gets a turn at bleeding and at being the first aider.
6. Discussion on infection control and ways to minimise cross infection (information available from St John).

Community Links

How could the school involve the local community in Safety in Schools Week?

- o Students could make a list of all potential hazards that may cause a person being injured and display lists at local libraries etc.

How could the school involve parents and seniors in Safety in School Week?

- o First Aid tips and course brochures (provided by St John) could be sent home to parents or via Parents and Citizens Association or Parents and Friends Association.
- o Provide first aid tips/contents for kits in school newsletter.

Policy and Procedures

Are you aware of the schools written Health and Safety Policy? If not: -

- o Check with administration
- o Refer to the Department of Education Risk Management Policy,
- o Visit the Safety Rules OK! website for guidelines www.safetyrules.health.wa.gov.au

Do you have safety structures and procedures in place?

- o Does the school have a first aid person with up to date qualifications?
- o Does the school have a first aid kit that is up to date?
- o Who would call for an ambulance?

Other resources available

Contact St John Ambulance for First Aid course and kit brochures or nationally accredited first aid publications. Visit the St John website at www.ambulance.net.au.