



# Safety in Schools Week June 13th to 17th 2005



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## Activity Title

## 'Day Out at the River'

The following curriculum outcomes and activities are just one of the options for classroom based activities covered in the Royal Life Saving Society Wet'n'Wise kit. The resource provides curriculum outcomes, activity descriptions and activity resources for water awareness and water safety activities for students from Prep through to Year 10. The outcomes listed link to Level 2 of the Wet 'n' Wise Water Safety Curriculum. (This is available on the Wet 'n' Wise CD).

### Curriculum Framework Activity Outcomes

Learning Area	Learning Outcome	Specific Learning
Health and Physical Education	Concepts for a Healthy Lifestyle	Recognises that there are different aspects to personal health and how these contribute to their overall health, safety and physical activity.
	Self-management Skills	Demonstrates basic self-management skills in familiar health and physical activity situations.
Society and Environment	Place and Space	Understands that places in different locations contain specific features and these places are used and cared for by people in the community.

### Phases of

### Development

Early Primary (Years 1-3)

### Activity Resources Required

- The Wet 'n' Wise Resource kit – available free from the RLSSWA (Most schools should already have a copy of this resource in their library. If not, the resource is free of charge, however a \$5.50 postage fee applies)
- A4 paper for each child
- Coloured textas
- Key Safety Tips for Inland Waters. This is available in the Teachers Notes of Level 2 of the Wet 'n' Wise resource.

### Procedure

- Class discussion on dangerous and safe aspects of rivers, lakes and dams, and why they are dangerous or safe. Write examples on board.
- Hand each child a piece of paper and coloured textas.
- Ask each child to draw one dangerous and one safe aspect of river, lakes and dams.
- Create a display of the children's pictures in the library.

### Community Links

- Get the local community involved by doing a Water Safety poster display at your local aquatic centre/ shopping centre.
- Get parents and seniors involved by organising a Heart Beat Club – Resuscitation and Water Safety session at the school.

### Policy and Procedures

#### **Are you aware of the schools written Health and Safety Policy? If not: -**

- Check with administration
- Refer to the Education Department's Risk Management Policy
- Visit the Kidsafe WA Website for guidelines [www.kidsafewa.com.au](http://www.kidsafewa.com.au)

#### **Do you have safety structures and procedures in place?**

- Does the school have a first aid person? (Structure)
- How to access the first aid person? (Procedure)
- Is there a designate quiet play area?

### Other Resources Available

The Wet 'n' Wise resource kit is available from The Royal Life Saving Society – WA Branch. The kit is free of charge to all schools, however if mailing is required there is a \$5.50 postage fee.

The Royal Life Saving Society – WA Branch has an extensive range of Swimming and Water Safety resources that may supplement the Wet 'n' Wise resource or assist in other swimming and water safety activities. Please contact RLSSWA on 9383 8200, or go to our website [www.lifesavingwa.com.au](http://www.lifesavingwa.com.au) for further information.