



Safety in Schools Week June 12th to 16th 2006

Agency

Contact Person: Christina Powell
 Phone: (08) 9330 6370
 Fax: (08) 9317 2264
 Email: admin@headwest.asn.au
 Address: 645 Canning Highway
 ALFRED COVE WA 6154
 Website: www.headwest.asn.au



(Brain Injury Association of WA Inc.)

Activity Title

AT HOME: BE SMART - BE CAREFUL

Take care of your Head and Brain when playing at home

Curriculum Framework Activity Outcomes

Learning Area	Learning Outcome	Specific Learning
Health and Physical Education	Knowledge and Understanding	Students gain knowledge and understanding of the importance of personal safety and protective headgear.
	Attitudes and Values	Students recognise and value safe environments.
	Self Management Skills	Students make informed decisions and choose courses of action that avoid risk and reduce harm.

Phases of Development

Can be adapted for both Early and Middle Childhood

Activity Resources Required

Background information on head injuries (available from Headwest)
 Cardboard
 Texta's, coloured pencils, crayons, glue, glitter, ribbon – items to make bookmarks
 Butcher's paper/A3 paper
 Sample Head Injury Prevention Posters (available from Headwest)
 Sample Bookmark and Poster Slogan Designs (shown on overleaf)
 Loose cords, set of drawers or small bookcase, kettle with a cord hanging, unstable chair etc.

IF I BREAK MY LEGS, I'll get some wheels to do my walking
 IF I BREAK MY VOICE, I'll get my fingers to do my talking
 IF I BREAK MY EYES, I'll buy a dog to guide my way
 BUT WHAT WILL I DO IF I BREAK MY BRAIN?

Procedure

- Show the furniture and cords etc. Demonstrate what could happen in various situations. Brainstorm re: what would get hurt if they fall off this way, or if they overbalance near a pool or if they anchor themselves this way or that.
- Students brainstorm – what other activities can result in Head Injuries if not performed carefully?
- Teachers to provide background information on Head Injuries to students to assist with the brainstorming.
- Ask students to brainstorm catchy slogans that can be shared to promote the prevention of head injuries (examples are shown at the bottom of the page).
- Students then design catchy bookmarks and posters displaying their slogans to promote safety and the prevention of Head Injuries.
- Students can then share their bookmarks/posters/slogans with younger students at the school.

Community Links

How could the school involve the local community in Safety in Schools Week?

Put posters and bookmarks on display at the school and local libraries. Ask the local shopping centre to allow the school to have a display.

How could the school involve parents and seniors in Safety in School Week?

Organise speakers from your local community who have had a head injury through playing at home or at sport or have speaker from Headwest address P&C or P&F Association.

Policy and Procedures

Are you aware of the schools written Health and Safety Policy? If not: -

- Check with administration
- Refer to the Education Department's Risk Management Policy,
- Visit the Kidsafe WA Website for guidelines www.kidsafewa.com.au

Do you have safety structures and procedures in place? For Example:

- Does the school have a first aid person? (Structure)
- How to access the first aid person? (Procedure)
- Is there a designated quiet play area?

Other Resources Available

Colouring in Posters
Background Head Injury Information Posters

AT HOME.....BE SMART.....BE CAREFUL.....Take Care of your Head and Brain

Wear a helmet and be careful!!

