



Safety in Schools Week June 11th to 15th 2007

Agency

Royal Life Saving Society (WA)

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Activity Title

SAFETY IN AN AQUATIC ENVIRONMENT

Curriculum Framework Activity Outcomes

Learning Area	Learning Outcome	Specific Learning
Health & Physical Education	Self Management Skills	<ul style="list-style-type: none"> • Uses basic self management skills to meet personal health and physical activity needs. • Benefits of aquatic recreation, opportunities available and safety considerations.
Health & Physical Education	Interpersonal Skills	<ul style="list-style-type: none"> • Demonstrates communication and cooperation skills that enhance interpersonal and group interactions. • Initiating a rescue with assistance. Summoning help. Safety through communication.
Society & Environment	Natural and Social Systems	<ul style="list-style-type: none"> • Understands that, in natural and social systems, relationships occur to provide order to the interactions found within them. • Learns to recognise and how to minimise naturally occurring dangers in aquatic environments.
Society & Environment	Place and Space	<ul style="list-style-type: none"> • Understands that natural processes affect the natural and built features of places and that these features have an influence on human activity. • Planning for an aquatic activity. What safety considerations are necessary? What equipment should be utilised?

Phases of Development

Middle Childhood

The above outcomes are aimed at students at approximately a Year 5 level, however can be adapted to suit the needs of students within Years 1-10.

**Activity
Resources
Required**

Lif jackets
Ropes
Oxygen Equipment
Paper and marker pens

****Note:** All will be provided by Royal Life Saving Society**

Procedure

'Water Safety Talks'

Water Safety Talks are conducted by lifesaving professionals and can be tailored to suit any year level.

Students will learn about water safety in aquatic recreation environments, these include: The beach, home pool, public pool and the river.

Interactive opportunities will include:

- How to throw a rope
- How to use a rescue tube
- How to wear and use a life jacket

A group activity can be implemented by dividing the class into 4 groups and allocating each group with a particular aquatic recreation environment. The groups should be given paper and marker pens, the students are then required to list or draw the safety hazards in their particular environment. Allow 10 minutes, then each group is to present what they came up with to the rest of the class.

**Community
Links**

How could the school involve the local community in Safety in Schools Week?

- *Organise 'Water Safety Talks' to be attended by students, parents, teachers and any other interested members of the community.*
- *Involve the local community by doing a Water Safety poster display at your local aquatic centre/ shopping centre.*
- *Organise resuscitation course for parents, guardians and teachers at the school.*

**Policy and
Procedures**

Are you aware of the School's written Health and Safety Policy? If not:

- Check with administration
- Refer to the Education Department's Risk Management Policy
- Visit the Kidsafe WA Website for guidelines www.kidsafewa.com.au

Do you have safety structures and procedures in place? For example:

- Does your school follow the water based excursion policy guidelines as outlined by RLSSWA and the Education Department?
- Does your school have an emergency action plan for aquatic-based excursions?

**Other
Resources
Available**

In addition to offering Water Safety Talks to schools, Royal Life Saving WA can provide:

- Posters
- Brochures
- Stickers
- Equipment (first aid kits etc)
- Advice on Drowning Prevention, Safety Services, etc.