



Safety in Schools Week June 9th to 13th 2008

Celebrating 10 Years

Agency

The Cancer Council WA

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Activity Title

Searching for Shady Places

Activity Outcomes

Learning Area	Outcome	Link to K-10 Syllabus
Health and Physical Education	<p>Knowledge and Understanding</p> <ul style="list-style-type: none"> Identifying ways in which people can protect themselves from the sun <p>Attitudes and Values</p> <ul style="list-style-type: none"> Demonstrating acceptance for personal responsibility for sun protection and a willingness to encourage others to take steps for sun protection Demonstrating a willingness to work cooperatively with others <p>Interpersonal Skills</p> <ul style="list-style-type: none"> Collaborating with others to map the school grounds and identify the provision of shade 	<p>Context: SAFETY</p> <p>Topic: Safe play in the sun at school Effects of the sun</p>

Phases of Development

Early Childhood (K – 3)

Resources Required

- Photocopy of the school map (or map of the junior area of the school) for each student
- Black and orange pencils
- SunSmart hats and SPF 30+ sunscreen when outdoors

Procedure

- Take a class walk around the junior students' play areas (preferably before 10.00am) to find all the large sunny/shady areas. Provide each student with a map of the school and ask them to mark these areas on their maps in either orange (sunny places) or black (shady places). Students can use different levels of shading to differentiate between heavy shade and dappled shade and size of shade in relation to what they can do under it eg. Sit / play
- Discuss how the amount of shade in each area might be different at lunch time because the sun will be more directly overhead. Explain that you are doing this activity before 10.00am because the sun's rays are not too strong at this time
- Once back in class, discuss the following with students:
 - Where do most students play at lunchtime? Mark these on the map and discuss why these places are so popular?
 - Which areas of the playground do/don't provide much shade?
 - Which areas of the school ground need more shade?
 - What could we do to provide more shade in the school?
 - Discuss whether a shady shelter could be built or more trees planted? Where would be the best place for this? What would be the best type of shelter/trees?
- Have students write a sentence about and/or draw the shady shelter they would build.

Source: Anti Cancer Council Victoria. 'Living With Sunshine' and Kidskin Year 2 Sun Safety Resource

Processing

- What areas of the school are shady?
- Where do you play at recess/lunchtime?
- Where else could you play that would provide more sun protection?
- Why is it important to provide as much shade as possible at school?
- How else can we/do we protect our skin when we are at school?
- If you forget your hat, where are you allowed to play? Why?

Community Links

How could the school involve the local community in Safety in Schools Week?

- The school could map out the shade of the local park or sporting ground
- The school can develop ideas for increasing shade with local sporting groups or the local council to make parks and sports facilities more SunSmart
- The school could work with the local community to raise funds to provide shade for the school
- Hold a SunSmart Theme day during Safety in Schools Week
- Contact The Cancer Council WA for SunSmart Theme Day ideas

How could the school involve parents and seniors in Safety in School Week?

- Students can complete the activity with their parents or grandparents in their own backyard and discuss ways to make shade more effective
- The school could work with parents/grandparents to raise funds to provide shade for the school

Policy and Procedures

Are you aware of the School's written Health and Safety Policy? If not: -

- Check with administration
- Refer to the Department of Education and Training's Risk Management Policy and Occupational Safety and Health Policy
- Visit the Kidsafe WA Website for guidelines www.kidsafewa.com.au
- Visit the schools section of The Cancer Council's website for a sample sun protection policy. www.cancerwa.asn.au/prevention/sunsmart/schools or visit www.GenerationSunSmart.org.au

Do you have safety structures and procedures in place?

- Do all students and staff wear broad-brimmed, legionnaire or bucket hats when outdoors?
- Does the school have a written sun protection policy?
- Does the school have shade to access during lunch breaks and between classes?

Other Resources Available

Visit The Cancer Council WA's Generation SunSmart website for FREE teaching resources! The website offers online information sessions on sun safety education for both primary and secondary teachers and school health nurses. Visit: www.GenerationSunSmart.org.au

Complete the three 20 minute sun safety modules and receive:*

- A Kidskin sun safety education resource (your choice of year 1, 2, 4 or 6/7) or the secondary resources Tattoo or Real Stories (suitable for years 8 – 12)
- Stickers and posters
- A certificate of completion for your professional portfolio

* While stocks last! This offer is only valid for teachers and school health nurses working in Western Australian schools

Also available:

- A range of videos/DVDs for loan or purchase
- SunSmart Schools program – free sun safety resources, and policy and guideline documents