



# Safety in Schools Week June 9th to 13th 2008

## Celebrating 10 Years

### Agency

**Headwest – Brain Injury Association of WA Inc.**

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(Brain Injury Association of WA Inc.)

### Activity Title

## AT HOME: BE SMART - BE CAREFUL

Take care of your Head and Brain when playing at home

### Activity Outcomes

Learning Area	Outcome	Link to K-10 Syllabus
Health and Physical Education	Knowledge and Understanding  Self-management Skills  Attitude and Values	<b>Early Childhood:</b> Context: SAFETY Topic: Personal Safety Keeping Safe Staying Safe  Topic: Safety at home/school/community  <b>Middle Childhood:</b> Context: SAFETY Topic: Responding safely Personal safety – making good choices Risky situations Minimising risks  Topic: Safety in the community

### Phases of Development

Early Childhood (K-3), Middle Childhood (4-7)

IF I BREAK MY LEGS, I'll get some wheels to do my walking  
 IF I BREAK MY VOICE, I'll get my fingers to do my talking  
 IF I BREAK MY EYES, I'll buy a dog to guide my way  
 BUT WHAT WILL I DO IF I BREAK MY BRAIN?



## Resources Required

Background information on head injuries (available from Headwest)  
Cardboard  
Texta's, coloured pencils, crayons, glue, glitter, ribbon – items to make bookmarks  
Butcher's paper/A3 paper  
Sample Head Injury Prevention Posters (available from Headwest)  
Sample Bookmark and Poster Slogan Designs (shown on overleaf)  
Loose cords, set of drawers or small bookcase, kettle with a cord hanging, unstable chair etc

## Procedure

- Teachers to show background information on head injuries and talk about safety issues
- Information provided will allow students to:
  - Gain knowledge and understanding of the importance of personal safety and protective headgear and the importance of working together
  - Recognise and value safe environments and learn to speak out to others to assist them
  - Make informed decisions and choose courses of action that avoid risk and reduce harm
- Show the furniture and cords etc. Demonstrate what could happen in various situations. Brainstorm re: what would get hurt if they fall off this way, or if they overbalance near a pool or if they anchor themselves this way or that.
- Students brainstorm – what other activities can result in Head Injuries if not performed carefully?
- Teachers to provide background information on Head Injuries to students to assist with the brainstorming.
- Ask students to brainstorm catchy slogans that can be shared to promote the prevention of head injuries (examples are shown at the bottom of the page.
- Students then design catchy bookmarks and posters displaying their slogans to promote safety and the prevention of Head Injuries.
- Students can then share their bookmarks/posters/slogans with younger students at the school.

## Community Links

### **How could the school involve the local community in Safety in Schools Week?**

- Put posters and bookmarks on display at the school, local libraries and ask local shopping centre to allow the school to have a display

### **How could the school involve parents and seniors in Safety in School Week?**

- Organise speakers from your local community who have had a head injury through playing at home or at sport or have speaker from Headwest address P&C or P&F Association

## Policy and Procedures

### **Are you aware of the School's written Health and Safety Policy? If not: -**

- Check with administration
- Refer to the Department of Education and Training's Risk Management Policy and Occupational Safety and Health Policy
- Visit the Kidsafe WA Website for guidelines [www.kidsafewa.com.au](http://www.kidsafewa.com.au)

### **Do you have safety structures and procedures in place?**

- Does the school have a first aid person?
- How to access the first aid person?

## Other Resources Available

Colouring in posters  
Headwest posters

**Work together - .....BE SMART.....BE CAREFUL.....Take Care of your Head and Brain**

**Wear a helmet and be careful!!**