



Safety in Schools Week June 9th to 13th 2008

Celebrating 10 Years

Agency

Surf Life Saving Western Australia

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Activity Title

Surf Safety

Activity Outcomes

Learning Area	Outcome	Link to K-10 Syllabus
Health and Physical Education	Knowledge and Understanding	<p>Early Childhood Context: SAFETY Topic: Safety Personal Safety Keeping safe Staying Safe</p> <p>Topic: Safety in the community</p> <p>Topic: Safe play in the sun</p>
	Self-management Skills	
	Interpersonal Skills	<p>Middle Childhood Context: Safety Topic: Responding Safely Personal safety – making good Choices Risky situations Minimising risk</p> <p>Topic: Sun safety</p>

Phases of Development

Early Childhood (K-3), Middle Childhood (4-7)

Resources Required

10 Surf Safety Hints
 Posters
 SLS Patrol Uniforms
 Brochures

Procedure

Contact Surf Lifesaving WA to organise a Surf Safety Talk:

- Small interactive presentation showing students how to recognise dangers at the beach and how to recognise a lifesaver
- Includes a discussion regarding Surf Safety and being SunSmart and 10 Surf Safety Hints
- Selected students will have the opportunity to dress up in surf life saving uniform and perform a mock rescue

Community Links

How could the school involve the local community in Safety in Schools Week?

Students to browse the SLSWA Surf Safety Display and take home brochures and information

How could the school involve parents and seniors in Safety in School Week?

Parents and seniors could do resuscitation and first aid training

Policy and Procedures

Are you aware of the School's written Health and Safety Policy? If not: -

- Check with administration
- Refer to the Department of Education and Training's Risk Management Policy and Occupational Safety and Health Policy
- Visit the Kidsafe WA Website for guidelines www.kidsafewa.com.au

Do you have safety structures and procedures in place?

SLSA has developed an extensive range of policies covering topics such as:

- Sun Safety
- Limiting and Permanent Disability Policy
- Equity, Discrimination and Harassment Free Organisation

Other Resources Available

Surf Life Saving WA Website www.mybeach.com.au

Surf Life Saving Australia Website www.slsa.com.au

SLSWA offers interactive SunSmart, Beach Activities and First Aid Programs for all ages

Surf Life Saving Training Manual 32nd Edition

Surf Life Saving's 10 Surf Safety Hints

1. Always swim or surf at places patrolled by lifesavers or lifeguards
2. Swim between the red and yellow flags. They mark the safer area for swimming
3. Always swim under supervision
4. Read and obey the signs
5. If you are unsure of surf conditions, ask a lifesaver or lifeguard
6. Don't swim directly after a meal
7. Don't swim under the influence of alcohol or drugs
8. Never run or dive in the water, even if you have checked before. Water conditions can change very quickly
9. If you get into trouble in the water, stay calm, signal for help, float and wave for assistance
10. Float with a current or undertow. Stay calm, don't try to swim against it, signal for help and wait for assistance